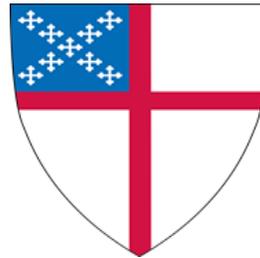


# **Holy Trinity Episcopal Church Prayer List & Newsletter**



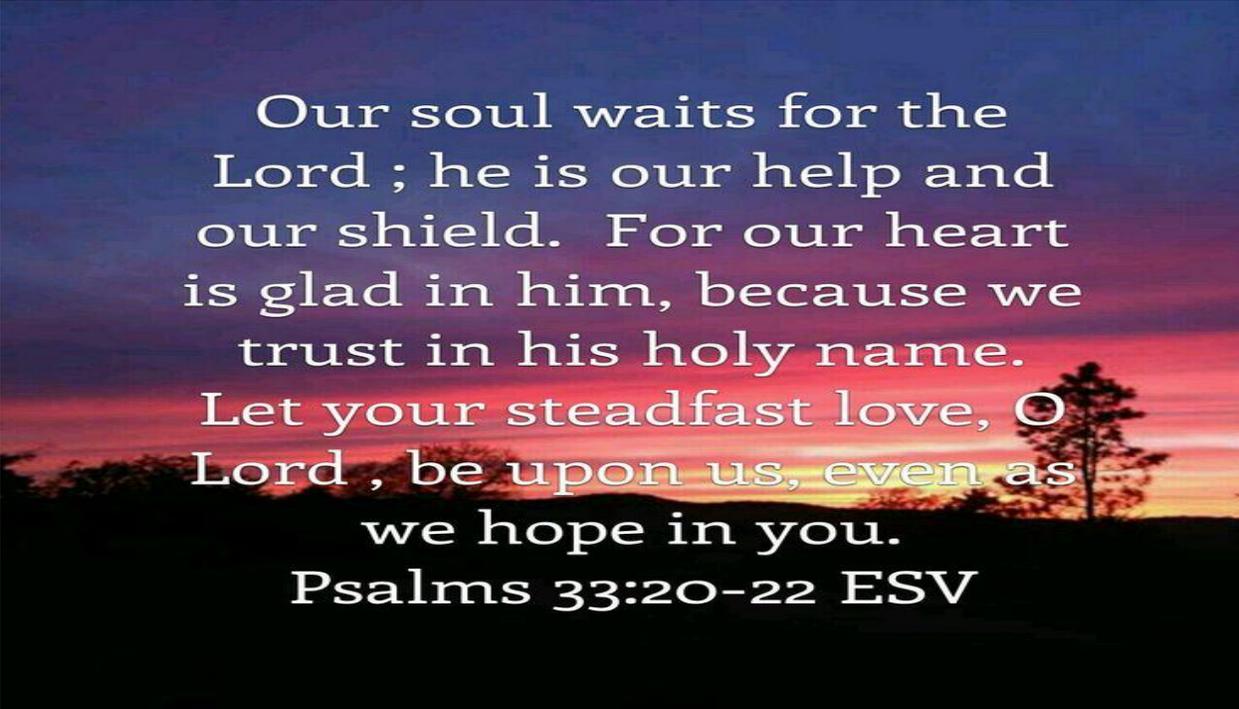
**May 31, 2020**

## **Pentecost**



### **Lessons**

1. Psalm 33 12-22
2. Genesis 11 1-9
3. Acts 2 1-11
4. John 7 37-39A



Our soul waits for the  
Lord ; he is our help and  
our shield. For our heart  
is glad in him, because we  
trust in his holy name.  
Let your steadfast love, O  
Lord , be upon us, even as  
we hope in you.  
Psalms 33:20-22 ESV

Psalm 33:12-22 New International Version (NIV)

12 Blessed is the nation whose God is the Lord, the people he chose for his inheritance.

13 From heaven the Lord looks down and sees all mankind;

14 from his dwelling place he watches all who live on earth—

15 he who forms the hearts of all, who considers everything they do.

16 No king is saved by the size of his army; no warrior escapes by his great strength.

17 A horse is a vain hope for deliverance; despite all its great strength it cannot save.

18 But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love,

19 to deliver them from death and keep them alive in famine.

20 We wait in hope for the Lord; he is our help and our shield.

21 In him our hearts rejoice, for we trust in his holy name.

22 May your unfailing love be with us, Lord, even as we put our hope in you.

Genesis 11:1-9 King James Version (KJV)

11 And the whole earth was of one language, and of one speech.

2 And it came to pass, as they journeyed from the east, that they found a plain in the land of Shinar; and they dwelt there.

3 And they said one to another, Go to, let us make brick, and burn them thoroughly. And they had brick for stone, and slime had they for mortar.

4 And they said, Go to, let us build us a city and a tower, whose top may reach unto heaven; and let us make us a name, lest we be scattered abroad upon the face of the whole earth.

5 And the Lord came down to see the city and the tower, which the children of men builded.

6 And the Lord said, Behold, the people is one, and they have all one language; and this they begin to do: and now nothing will be restrained from them, which they have imagined to do.

7 Go to, let us go down, and there confound their language, that they may not understand one another's speech.

8 So the Lord scattered them abroad from thence upon the face of all the earth: and they left off to build the city.

9 Therefore is the name of it called Babel; because the Lord did there confound the language of all the earth: and from thence did the Lord scatter them abroad upon the face of all the earth.

**“Let us make us a name...”**

**Genesis  
11:1-9**



Babel



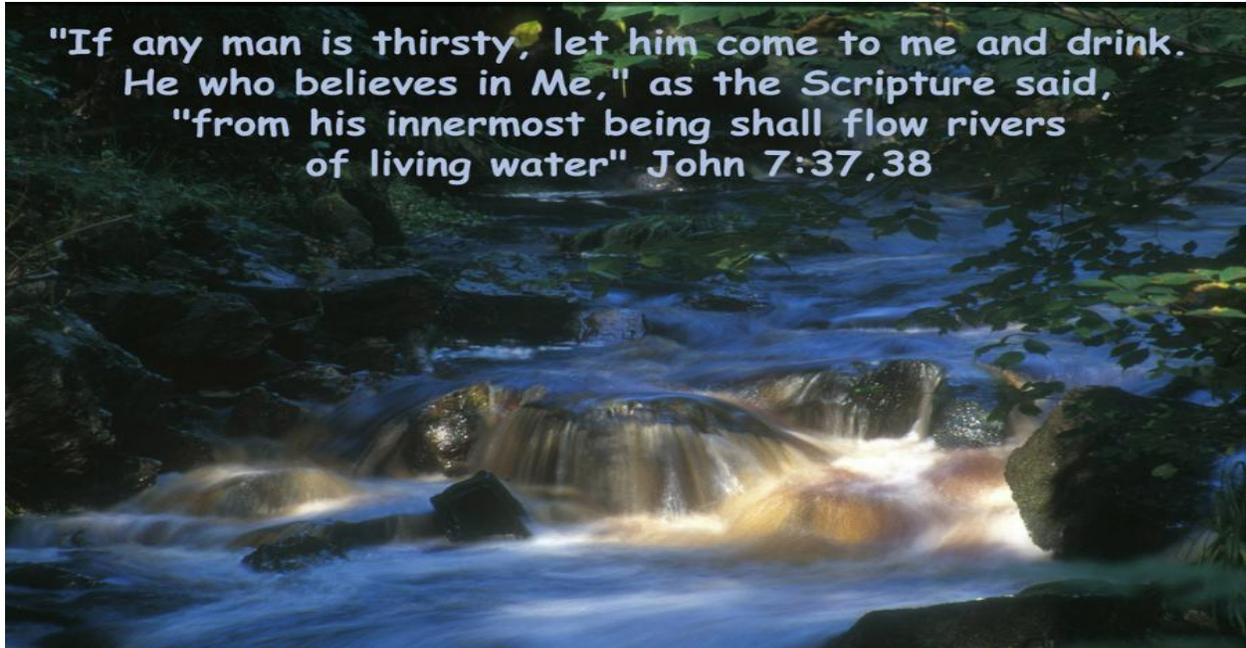
Acts 2:1-11 New International Version (NIV)

### The Holy Spirit Comes at Pentecost

2 When the day of Pentecost came, they were all together in one place. 2 Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. 3 They saw what seemed to be tongues of fire that separated and came to rest on each of them. 4 All of them were filled with the Holy Spirit and began to speak in other tongues[a] as the Spirit enabled them.

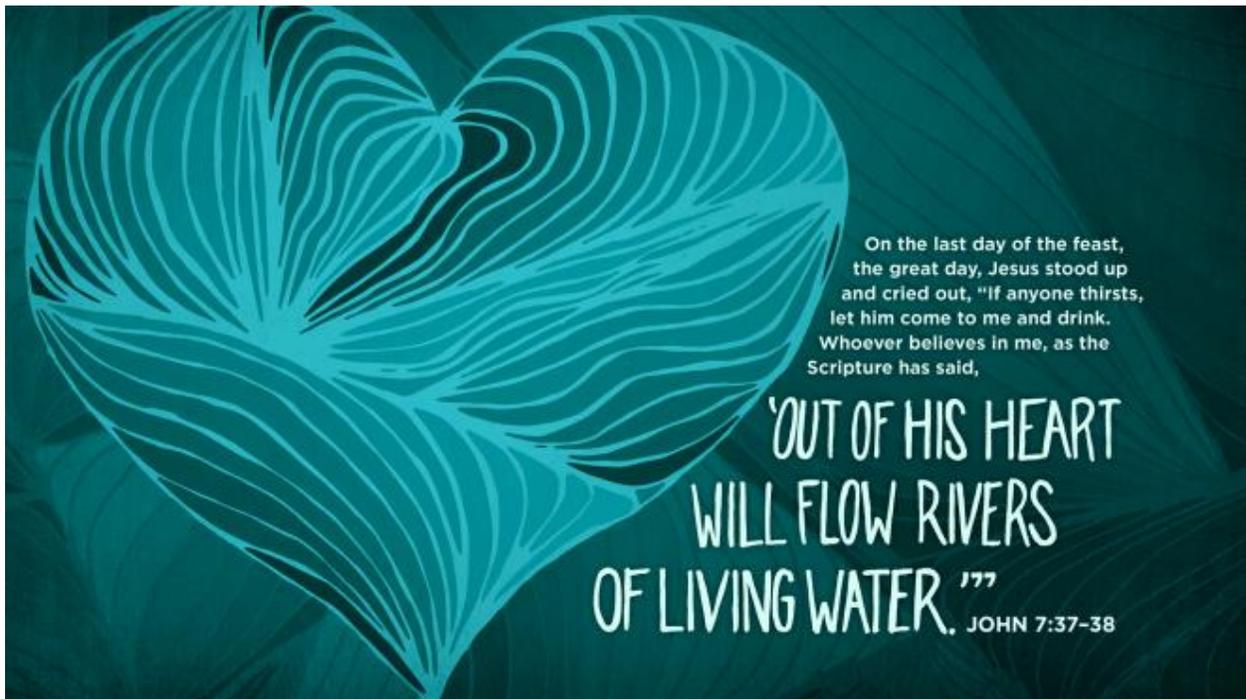
5 Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. 6 When they heard this sound, a crowd came together in bewilderment, because each one heard their own language being spoken. 7 Utterly amazed, they asked: “Aren’t all these who are speaking Galileans? 8 Then how is it that each of us hears them in our native language? 9 Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia,[b] 10 Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome 11 (both Jews and converts to Judaism); Cretans and Arabs—we hear them declaring the wonders of God in our own tongues!”



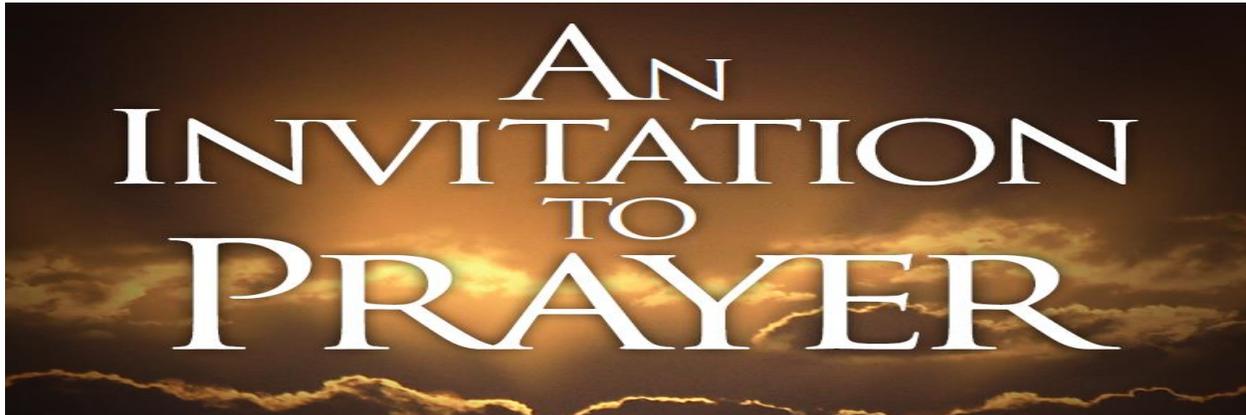


John 7:37-39 New International Version (NIV)

37 On the last and greatest day of the festival, Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink. 38 Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." [a] 39 By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified.



## **My Parish Family & Friends Prayer List**



George & Marilyn Bacon Karen & Victor Sarah, Selina

Marsha Baldwin

Carl Bucking Scott Bucking

Mary Cranmore

Theresa Dowd John Dowd

Desmond Foster Anthony

Carmen Grant

Flo Hayward Nicole, Adam & Justin

Edwin Hilbrandt

Ellen James Hillman Jennifer, Catherine & Louie, Oliver

Anne Hogan

James Ifill

Bob Imbriani Robert & Samantha, Dylan, Kate, Reid

Doreen Imbriani Brian & Heather, Violet, Noah

Debra Jacobs

Diane Jacobs

Evelyn Jacobs

Anthony & Ngozi Kanu Chudi, Ike, Uzo

Paul & Susan Kaszubski John, Jaclyn

Lizette Kendrick Timia Moore

Dorothy McGlynn

Carol & Donald Russer David & Family

Karen Russer

Andrea Sabbatini

Betty Sabbatini Beth & Family

Joann Schneiderman Cheryl Lesley, Robert & Gabriella Lesley Robbie

Amy & Lisa, William, Shane, Corey Schmidlin

Lynn Shortell Billy Gun

Annmarie & Randy Thomson Joshua, Logan

Renee Tolliver

Paul Taylor

Arlene Vrede

Lorraine & Everest Campbell Andrew Ryan Shawn

Susan & Michael Breidenbach Michael, Christopher, Matthew

Joyce & Hugh Butler Kim & Craig Paul, Grace, Julie Heather, Thomas & Joanne, Sam

Beth & Chris Lent Zander, Tina

Oddie & Karla McLaughlin Cody, Shyla

Margaret Moorhead

Ifeoma & Godwin Onyeikl Chi Chi, Collins, Christian, Envi, Esther & Nwamaka

Robert & Emily Ring

Lexia & Shain Reece Shannon, Samara

Desiree Giddings

Ola Akinyemi

John Akinyemi

Toyin Akinyemi

Yolanda Ochiobi

Megan & Jimmy Dascoli

Renee Giddings

## LONG NIGHT'S JOURNEY INTO DAY

***“Why am I afraid to dance, I who love music and rhythm and Grace and song and laughter? Why am I afraid to live, I who love life and the beauty of flesh and the living colors of the earth and sky and sea? Why am I afraid to live, I who love love?”***

*Eugene O’Neill (1888-1953)*

Depression, in all its varied forms, is said to affect approximately 16.7 million American adults, which is roughly 6.2 percent of the current population. At a time when conflict and profound disorientation on many levels has become the current social norm, it is not hard to see why feelings of anxiety and distress can overwhelm and challenge even the most well-adjusted individual. Besides the familiar regimen of therapy, dietary regulation, and medication, we must never be allowed to forget that the intangible value of sustaining friendships rooted in faithful devotion and prayer can literally save the lives of those confronting enormous personal adversity. A sympathetic ear, a kind remark, or a mere willingness to listen briefly to someone's troubles goes a long way to alleviating the impression that all our challenges and problems must be faced alone. As stated directly in John 16: 33, “ I have told you these things, so that in Me you have peace. In this world you will have trouble. But take heart! I have overcome the world.”



Healing a broken or battered soul is not easy or casual work, to say the least. Time may heal all wounds, as the popular aphorism goes, but it certainly feels on many occasions that the speed of psychic reconstruction that we desire is not synchronized with the duration of the pain we are often asked to endure. When these disjunctions occur, it is the presence of enduring and reliable friendships which can at least begin to alleviate the distress over time, and penetrate an inner darkness whose depth seems to know no limitations. Few of us have escaped the sadness of losing friends and family, sometimes under soul shaking circumstances. We cannot escape pain in a fallen world, but we can counteract its corrosive effects when we are bound up with one another in a community of faith, which reminds us that isolation is the antithesis of God's transcendent love:

**“The Lord makes form the steps of the one who delights in Him; though he may stumble, he will not fall, for the Lord holds him with His hand.”  
(Psalm 37: 23-24).**

The Lord directs the steps of the godly. He delights in every detail of their lives. Though they stumble, they will never fall, for the Lord holds them by the hand.

- Psalm 37:23-24 NLT -



Mourning for people , places and things that have crossed over into the realm of memory can lead us to a spiritual abyss of unimaginable pain. Struggling against pervasive sadness is an inherent fate of our human condition, but our enlightenment truly comes with the understanding that death itself is not the final word about our redemption into eternal life through Christ Our Lord. His perfect sacrifice on the Cross is God's reminder that the Resurrection has triumphed over the turmoil which defined our current historic age:

“For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.” (Romans 8: 38-39).

For those of us who have grappled with what Winston Churchill termed the “black dog of depression” , the challenges of sorting out the multiple problems of this time will be formidable indeed. But as we venture forward into uncharted territory, it will be our friends and loved ones, with their unbounded kindness and irritating flaws, who will see through the worst ordeals. At the darkest hour, they are living proof that “ I can do all things through Christ who strengthens me.” (Philippians 4:13).

We pray that we continue to strive to live our lives, through and for another, to always manage, with God's love and Grace, to keep that black dog on a short and securely tight leash.

God's Peace, Carl Bucking May 2020